



Rayat Shikshan Sanstha's,
Dr. Patangrao Kadam Mahavidyalaya, Ramanandnagar (Burli)

Report of '9th International Yoga Day Celebration'

Date: 22/06/2023

Jointly Organized by Department of English and IQAC

A yoga workshop was organized on 21st June 2023 at 7 a.m. on the occasion of 9th International Yoga Day. All the teachers, non-teaching staff and students of the college were present for the yoga day organized in the college. Dr. Ashwini Tatugade, Assistant Professor in English, guided and demonstrated yoga. She gave very useful information about yoga. This yoga workshop was jointly organized by the Department of English and Internal Quality Assurance Cell of the college. Dr. U.V. Patil I/C. Principal of the college gave wishes and inaugurated the International Yoga Day workshop. This workshop was attended by the participants both in online and offline mode. For this workshop teachers and non-teaching staff were present in large numbers.

Outcomes:

- 1) Everyone understood the importance of yoga and decided to practice yoga regularly.

Beneficiaries:

- Online Participants: 25
- Offline Participants: 20

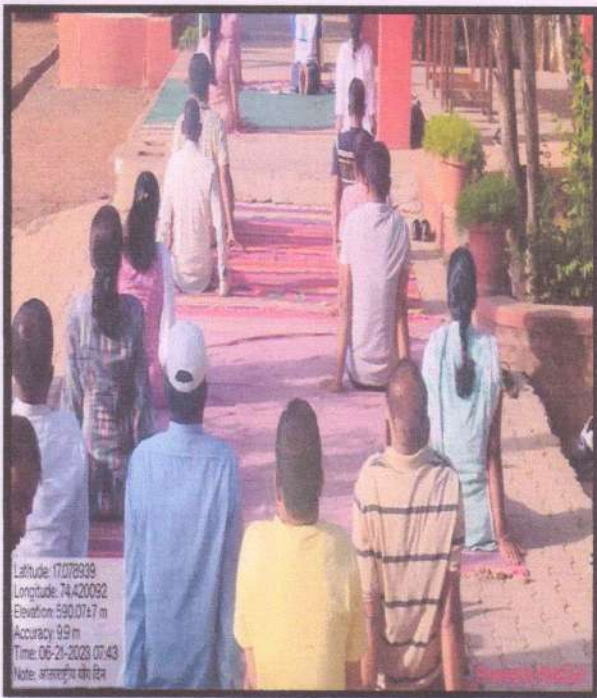




College staff while demonstrating Yoga.



College staff practicing Yogasanas.



Teaching & Non Teaching Staff while doing Yogasana.



Participants joined at Online Yoga Session.

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